



Thank You for participating in the Monroe County Age-Friendly Community questionnaire!

This questionnaire is intended for residents of Monroe County 50 years of age and older.

The Monroe County Aging Alliance (MCAA) is a joint initiative of Monroe County, the City of Rochester, United Way of Greater Rochester and the Finger Lakes, and Rochester Area Community Foundation. Our members include organizations specializing in senior services, local government departments, funders, healthcare providers, and businesses.

Together, we are dedicated to promoting the health and well-being of older adults while fostering an inclusive, age-friendly community for all.

Your responses will remain confidential and anonymous; we do not collect or store personal information, and your data will never be shared. The information gathered will be used solely to help create a more inclusive community for all residents as they age.

The questionnaire takes about 15-20 minutes to complete.

Visit monroeagingalliance.org to learn more about our mission and efforts to create a thriving, age-friendly community.

IF YOU HAVE QUESTIONS, PLEASE CONTACT

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1. Do you live in the City of Rochester?

☐ Yes

☐ No

2. If no, where do you live?

3. How would you rate your community as a place for people to live as they age?

- ☐ Very Good
- ☐ Good
- ☐ Fair
- ☐ Poor

4. Thinking about your future years, are you more likely to move to a different community, move to a different residence within your current community, or stay in your current residence and never move?

- ☐ Move to a different community
- ☐ Move into a different residence within your current community
- ☐ Stay in your current residence and never move

5. Some people find that they need or want to move out of their home as they get older. If you were to consider moving out of your current residence, would the following be a major factor, a minor factor, or not a factor at all in your decision to move?

	Major Factor	Minor Factor	Not a Factor
Wanting a smaller size home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wanting a larger size home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The cost of maintaining your current home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The cost of staying in your current home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wanting a home that will help you live independently as you age, for example a home without stairs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Some people find that they need or want to move out of their community as they get older. If you were to consider moving out of your current community, would the following be a major factor, a minor factor, or not a factor at all in your decision to move?

	Major Factor	Minor Factor	Not a Factor
Your personal safety or security concerns	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wanting to move to an area that has better health care facilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wanting to be closer to family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Needing more access to public <input type="radio"/> transportation	<input type="radio"/>	<input type="radio"/>	
Wanting to live in a different climate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wanting to live in an area that has a lower <input type="radio"/> cost of living	<input type="radio"/>	<input type="radio"/>	
Wanting to live in an area with better opportunities for social interaction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Which of the following types of homes best describes where you currently live?

- ☐ Single family house
- ☐ Two family house that has two separate living units
- ☐ Townhouse or row house
- ☐ Apartment
- ☐ Condominium or co-op/cooperative
- ☐ Mobile Home
- ☐ Assisted living facility
- ☐ Some other type of living arrangement (please describe below)

If you selected "other type of living arrangement", please describe

8. How would you rate your community on having the following?

	Very Good	Good	Fair	Poor	Not Sure or N/A
Sidewalks that are in good condition, safe for pedestrians, and accessible for wheelchairs or other assistive mobility devices	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Well-lit, accessible, safe streets and intersections for all users	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Audio and visual pedestrian crossing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Separate pathways for bicyclists and pedestrians	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Well-maintained streets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Easy to read traffic signs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Enforced speed limits	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Special transportation services for people with disabilities and older adults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. How do you usually get around your community for activities such as shopping, errands, medical appointments, and socializing? (Check all that apply)

- ☐ Walk
- ☐ Drive yourself
- ☐ Have others drive you
- ☐ Take a taxi
- ☐ Use a ride source company such as Uber or Lyft
- ☐ Use a special transportation service, such as one for older adults or persons with disabilities
- ☐ Use public transportation
- ☐ Ride a bike
- ☐ Some other way
- ☐ I do not get around my community for activities

10. How would you rate your community on having the following?

	Very Good	Good	Fair	Poor	Not Sure or N/A
Opportunities to get together with other people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Affordable housing options for adults of varying income levels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Homes with options such as a no-step entrance, wider doorways, and first floor bedrooms and bathrooms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Well-maintained, safe low-income housing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Well-maintained parks and green spaces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safe parks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public buildings and spaces with restrooms that are accessible to people of different physical abilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Benches for resting in public areas like parks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Neighborhood watch programs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conveniently located public parking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Convenient access to public transportation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to affordable, healthy food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11. Thinking now about health care, how would you rate Rochester/Monroe County on having the following?

	Very Good	Good	Fair	Poor	Not Sure or N/A
Well-trained certified home health care providers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Affordable health and wellness programs and classes on topics such as nutrition, smoking cessation, and weight control	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A variety of health care professionals, including specialists	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Affordable fitness activities geared towards older adults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A service that helps older adults find and access health and support services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Affordable home care services, such as personal care and housekeeping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conveniently located urgent care clinics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. Which of the following sources do you use for continuing education or self-improvement classes or workshops? (Check all that apply)

- ☐ I do not participate in any continuing education or self-improvement programs
- ☐ Department of Parks and Recreation
- ☐ Faith community
- ☐ Local organizations or businesses
- ☐ Library
- ☐ Community center
- ☐ Senior center
- ☐ Local school/college/university
- ☐ Offerings through my work
- ☐ Online programs
- ☐ Other (please specify)

13. How would you rate your community on having the following?

	Very Good	Good	Fair	Poor	Not Sure or N/A
Conveniently located entertainment venues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Activities geared specifically towards older adults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Activities that offer discounts for older adults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Activities that are affordable to all residents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Activities that involve both younger and older people together	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A variety of cultural activities for diverse populations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local schools that involve older adults in events and activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Continuing education classes or social clubs to pursue new interests, hobbies, or passions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driver education or refresher courses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Support for grandparents raising grandchildren	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

14. How would you rate Rochester/Monroe County on having the following?

	Very Good	Good	Fair	Poor	Not Sure or N/A
A range of volunteer activities to choose from	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Volunteer training opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Opportunities for older adults to participate in decision-making bodies such as community councils or committees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Easy-to-find information on local volunteer opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Transportation to and from volunteer activities for those who need it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A range of public in-person events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

15. Which of the following best describes your current employment status?

- ☐ Self-employed, part-time
- ☐ Self-employed, full-time
- ☐ Employed, part-time
- ☐ Employed, full-time
- ☐ Unemployed, but looking for work
- ☐ Retired, not working at all
- ☐ Not in labor force for other reasons

16. How likely is it that you will continue to work as long as possible, rather than choosing to retire?

- ☐ Extremely likely
- ☐ Very likely
- ☐ Somewhat likely
- ☐ Not very likely
- ☐ Not at all likely

17. How would you rate Rochester/Monroe County on having the following?

	Very Good	Good	Fair	Poor	Not Sure or N/A
A range of flexible job opportunities for older adults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Job training opportunities for older adults who want to learn new job skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Jobs that are adapted to meet the needs of people with disabilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Policies that ensure older adults can work as long as they choose, regardless of age	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

18. Would you turn to the following resources if you, a family member, or a friend needed information about services for older adults? Services might include caregiver support, home delivered meals, home repair, transportation, or social activities.

	Yes	No	Not Sure or N/A
Local Senior Centers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Monroe County Office for the Aging	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family or friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local nonprofit organizations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
AARP	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Faith-based organizations, such as churches or synagogues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Internet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Phone book	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your doctor or other health care professional	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local health department	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Library	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Some other source	<input type="radio"/>	<input type="radio"/>	

Please specify

19. How would you rate Rochester/Monroe County on having the following?

	Very Good	Good	Fair	Poor	Not Sure or N/A
Access to community information in one central source	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clearly displayed, easy-to-read information on community resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Free access to computers and the Internet in public places such as the library, senior centers, or government buildings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Opportunities to speak with someone about community programs and services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Information about community programs and services that is available in a number of different languages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

20. Do you live alone?

- ☐ Yes
- ☐ No

21. Besides you, who else lives in your household? (Check all that apply)

	Yes	No
Child/children under 18	<input type="radio"/>	<input type="radio"/>
Child/children over 18 (includes college students)	<input type="radio"/>	<input type="radio"/>
Spouse/Partner	<input type="radio"/>	<input type="radio"/>
Parents	<input type="radio"/>	<input type="radio"/>
Other adult relative	<input type="radio"/>	<input type="radio"/>
Friend 18 or older	<input type="radio"/>	<input type="radio"/>

22. Please tell us if the following statements ring true to you.

	True	Somewhat True	Not True
I have friends and/or family I connect with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel included	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are people in my life that I can rely on	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

23. In general, how would you rate your physical health?

- ☐ Very Good
- ☐ Good
- ☐ Fair
- ☐ Poor

24. Does any disability, handicap, or chronic disease keep you or your spouse or partner from participating fully in work, school, housework, or other activities? (Check only one.)

- ☐ Yes, myself
- ☐ Yes, my spouse or partner
- ☐ Yes, both myself and my spouse or partner
- ☐ No

25. A family caregiver is someone who provides care for an adult loved one who is ill, frail, or has a physical, mental or emotional disability. This care may include helping with meals, household chores, shopping, transportation, personal needs such as bathing or dressing, managing medical care or finances, or even visiting regularly to see how they are doing. This adult need not live with you.

Are you currently a family caregiver providing unpaid care to an adult (18 years or older) loved one?

- ☐ Yes
- ☐ No

26. Are you currently receiving assistance from a caregiver?

- ☐ Yes
- ☐ No

27. How likely is it that you will provide unpaid care to an adult loved one in the future?

- ☐ Very likely
- ☐ Somewhat likely
- ☐ Not very likely
- ☐ Not at all likely

28. Do you have access to the internet in your home?

- ☐ Yes
- ☐ No
- ☐ Not Sure

29. Please tell us why you don't have access to the internet in your home. (Check all that apply)

- ☐ I don't have any interest in using the internet
- ☐ I would use the internet if I knew how or had help
- ☐ I can't afford or don't want to spend money on the internet.
- ☐ I don't have a computer or other equipment needed.

About You

30. What is your age as of your last birthday?

31. What is your 5-digit zip code?

32. What is your gender?

- ☐ Male
- ☐ Female
- ☐ Non-binary
- ☐ Another gender identity

Other (please specify)

33. What is your current marital status?

- ☐ Married
- ☐ Not married but living with a partner
- ☐ Separated
- ☐ Divorced
- ☐ Widowed
- ☐ Never Married

34. What is the highest level of education you have completed?

- ☐ K-12th grade (no diploma)
- ☐ High school graduate, GED or equivalent
- ☐ Post-high school education/training (no degree)
- ☐ 2-year college degree
- ☐ 4-year college degree
- ☐ Post-graduate study (no degree)
- ☐ Graduate or professional degree(s)

35. Are you of Hispanic, Spanish, or Latino origin or descent?

- ☐ Yes
- ☐ No

36. What language do you most often speak at home?

- ☐ English
- ☐ Spanish
- ☐ Do not have a preference
- ☐ Other (please specify)

37. What is your race? (Check all that apply)

- ☐ Black or African American
- ☐ White or Caucasian
- ☐ Asian
- ☐ American Indian or Alaska Native
- ☐ Native Hawaiian or other Pacific Islander
- ☐ Prefer not to answer
- ☐ Other

If other, (please specify)

38. How worried are you that uncontrollable rising costs could impact your financial security and quality of life in retirement?

- ☐ Very concerned
- ☐ Somewhat concerned
- ☐ Not very concerned
- ☐ Not concerned at all
- ☐ Not sure

39. What was your household income before taxes last year?

- ☐ Less than \$10,000
- ☐ \$10,000 to \$19,999
- ☐ \$20,000 to \$29,999
- ☐ \$30,000 to \$49,999
- ☐ \$50,000 to \$74,999
- ☐ \$75,000 to \$99,999
- ☐ \$100,000 to \$149,999
- ☐ \$150,000 or more

Thank you for your participation!